

## 2026 Class Schedule

### ***In-Person Classes***

*See next page for Zoom Mat/FIT class schedule*

Time	Mon	Tues	Wed	Thurs	Fri	Sat
8:00A	<b>REFORMER</b> <i>Advanced</i> Anthony	<b>REFORMER</b> <i>Beg/Interm</i> Rachel	<b>REFORMER</b> <i>Interm</i> Anthony	<b>REFORMER</b> <i>Beg/Interm</i> Rachel	<b>REFORMER</b> <i>Interm</i> Anthony	
9:00A	<b>REFORMER</b> <i>Interm</i> Anthony	<b>REFORMER</b> <i>Interm</i> Anthony	<b>REFORMER</b> <i>Interm</i> Anthony	<b>REFORMER</b> <i>Beg/Interm</i> Christy	<b>REFORMER</b> <i>Beg/Interm</i> Anthony	<b>FIT</b> <i>All levels</i> Anthony
10:00A	<b>REFORMER</b> <i>Interm</i> Christy		<b>REFORMER</b> <i>Interm/Adv</i> Anthony	<b>REFORMER</b> <i>Interm</i> Kelly	<b>REFORMER</b> <i>Interm</i> Christy	
11:00A	<b>REFORMER</b> <i>Interm/Adv</i> Anthony	<b>REFORMER</b> <i>Interm</i> Kelly	<b>REFORMER</b> <i>Interm/Adv</i> Kelly	<b>REFORMER</b> <i>Beginner</i> Christy	<b>REFORMER</b> <i>All Levels</i> Kelly	
12:00P	<b>REFORMER</b> <i>Lunch Hour Moves</i> <i>All Levels</i> Kelly					
1:00P				<b>REFORMER</b> <i>Interm/Adv</i> Christy		
3:00P	<b>REFORMER</b> <i>Beginner</i> Christy			<b>REFORMER</b> <i>Beginner</i> Christy		
5:30P		<b>REFORMER</b> <i>Interm/Adv</i> Anthony/ Vicki alt wks				
6:00P				<b>REFORMER</b> <i>All Levels</i> Anthony Vicki		

## Zoom Classes

Time	Mon	Tues	Wed	Thurs	Fri	Sat
8:00A				<b>MAT</b> <i>Beg/Interm</i> <i>Christy</i>		
9:00A	<b>MAT</b> <i>Beg/Interm</i> <i>Christy</i>					<b>FIT</b> <i>All levels</i> <i>Anthony</i>
10:00A		<b>Mat</b> <i>(90 min)</i> <i>Anthony</i>				
10:15A		<b>MAT</b> <i>Beg/Interm</i> <i>Anthony</i>				